

**Table 1.** Proposed pharmacogenetic test reporting for CYP2C19-clopidogrel (Plavix) interaction, and suggested interpretation and recommendation

| Genotype  | Interpretation/Recommendation/Report   |
|---|--|
| <b>CYP2C19*1/*1</b>   | <ol style="list-style-type: none"><li>1. The subject is a normal metabolizer (effective activator of clopidogrel).</li><li>2. The subject will effectively convert clopidogrel to its active metabolite.</li><li>3. Start clopidogrel at 300 mg (loading dose) and continue with 75 mg daily (maintenance dose).</li><li>4. Avoid using clopidogrel with omeprazole, a CYP2C19 inhibitor.</li><li>5. Patient care and other standard therapies as appropriate.</li></ol>   |
| <b>CYP2C19*1/*2</b><br>or<br><b>CYP2C19*1/*3</b>                              | <ol style="list-style-type: none"><li>1. The subject is an intermediate metabolizer (intermediate activator of clopidogrel).</li><li>2. The subject will convert clopidogrel to its active metabolite.</li><li>3. Consider clopidogrel at 300 mg (loading dose) and continue with 75 mg daily (maintenance dose). Some reports indicate that intermediate metabolizers may need a larger dose of clopidogrel.</li><li>4. Consider using platelet aggregation assay (or other platelet function assessment) to monitor the effect of clopidogrel. If the effect of 75 mg (daily maintenance dose) is not sufficient, consider using a larger daily maintenance dose (150 mg).</li><li>5. Avoid using clopidogrel with omeprazole, a CYP2C19 inhibitor.</li><li>6. Patient care and other standard therapies as appropriate.</li></ol> |
| <b>CYP2C19*2/*2</b><br>or<br><b>CYP2C19*2/*3</b><br>or<br><b>CYP2C19*3/*3</b> | <ol style="list-style-type: none"><li>1. The subject is a poor metabolizer (poor activator of clopidogrel).</li><li>2. The subject will <i>not</i> effectively convert clopidogrel to its active metabolite.</li><li>3. The pharmacological effect of clopidogrel should be monitored closely.</li><li>4. Consider starting clopidogrel at 600 mg (loading dose) and continue with 150 mg daily (maintenance dose).</li><li>5. Consider using platelet aggregation assay (or other platelet function assessment) to monitor the effect of the clopidogrel in the poor metabolizer patient.</li><li>6. Avoid using clopidogrel with omeprazole, a CYP2C19 inhibitor.</li><li>7. Consider starting the patient on a different drug.</li><li>8. Patient care and other standard therapies as appropriate.</li></ol>                     |

Other alleles associated with absent or reduced metabolism of clopidogrel are less common and include, but are not limited to, CYP2C19\*4, \*5, \*6, \*7, and \*8. A patient with poor metabolizer/activator status has two loss-of-function alleles with implications similar to that of a poor metabolizer as indicated in the table.