

ADA A1c recommendations

- A1c should be added as a means of diagnosing diabetes and identifying pre-diabetes.
- A1c results of 6.5 percent or higher indicate a diagnosis of diabetes.
- A1c results of 5.7–6.4 percent indicate blood glucose levels in the pre-diabetic range.
- The A1c assay should be performed in a central laboratory, not at point of care.
- The A1c test should be performed in a laboratory using a method that is NGSP-certified and standardized to the DCCT assay.
- To confirm a positive result, the test must be repeated on a different day.
- Current recommendations do not apply to pregnant women or to children.